

Goulburn Regional Gasshuku with Sensei Joe Roses

The IOGKF Lambert Dojo in Goulburn, NSW will be hosted a special one day regional seminar on Sunday Nov 21, 2010 with Australian Joint Chief Instructor, Sensei Joe Roses. Sensei Roses is ranked 6th Dan and is the highest graded IOGKF member in the Oceania region, along with Sensei Chris Larken. Sensei Roses will be taking 3 specialised sessions – A one hour Childrens only session, two hour all grades session and a 45 minute black belt session. Event host and editor for IOGKF International, Sensei David Lambert, will be taking a 45 minute Kyu grade session during Dan grade training.

The Event is open to all registered IOGKF members. Registration for the event closes on November 1st, 2010 and there are only 40 places available. Prices are listed below and IOGKF Australian Dojo instructors can train for free.

Register by email: lambert@goulburnkarate.com

More information will placed on www.goulburnkarate.com soon.

Timetable:

TIME:	EVENT:	INSTRUCTOR:
09:00 – 10:00	Kids seminar	J. Roses
10:15 – 12:15	All grades Junior & Adult training	J. Roses
12:15 – 13:30	Lunch	-
13:30 – 14:30	All grades Junior & Adult training	J. Roses
14:30 – 15:15	Black Belt training	J. Roses
	Kyu grade training	D. Lambert

COST:

Adult grades: \$30.00

Kyu grades: \$20.00

Pee-wees: \$10.00

LOCATION:

Lambert Karate Dojo – 76 Gibson Street, Goulburn, NSW, 2580

(Maps will be provided for all attending Dojo's closer to the event)