

Goulburn Regional Gasshuku with Sensei Joe Roses & Sensei Chris Larken

ILOGKF Australia will be hosting Australian Chief Instructors, Sensei Joe Roses and Sensei Chris Larken at the Lambert Karate Dojo for a special one day seminar on Sunday March 13, 2011. Both Sensei Roses and Sensei Larken will be taking Kyu and Dan grade sessions and there will also be a kids seminar which will be taken by Sensei Larken. The prices for this event are the same as the 2010 regional camp with Sensei Roses, and as per the same event the cut off will be at 40 – 45 places. With prices so cheap and with the opportunity to train under two of the world's highest ranking instructors in a small group setting, places are expected to fill up fast! Information and registration form will be placed on www.iogkfoz.com and www.goulburnkarate.com.

Timetable:

TIME:	EVENT:	INSTRUCTOR:
09:00 – 10:00	Kids seminar	C. Larken
10:15 – 12:15	All grades Black Belt:	C. Larken
	Kyu Grade:	J. Roses
12:15 – 13:30	Lunch	-
13:30 – 15:00	All grades Black Belt:	J. Roses
	Kyu Grade:	C. Larken

COST:

Adult grades: \$30.00

Kyu grades: \$20.00

Pee-wees: \$10.00

- **Dojo Instructors can train for FREE**

LOCATION:

Lambert Karate Dojo – 76 Gibson Street, Goulburn, NSW, 2580

(Maps will be provided closer to the event)